Upper Chichester, PA – With scores of local residents lining Chichester Avenue, Congressman Joe Sestak (PA-07) raced back and forth across the road, shaking as many hands as possible during the Upper Chichester Community Pride Parade. The event was a featured part of the weekend events during the annual community festivities. —

"I was proud to be part of this event," said Congressman Sestak. "The people of Upper Chichester have strong sense of unity and an active local economy, and it is a great opportunity to be able to participate in a day like today that celebrates these two features of such a strong community."

The parade began at Chichester High School and continued down Chichester Avenue to the municipal complex. Other aspects of the Community Pride weekend included a carnival, as well as fair exhibitions for local businesses. The event provided a chance to enjoy the company of neighbors as the summer winds down. Attendees sampled food from local restaurants, and numerous stands were set up with children's games. The Congressman returned in the evening when a fireworks presentation concluded the celebration.

"What a wonderful opportunity to interact with the people I represent in a relaxed setting," said Congressman Sestak. "I especially love marching in parades, as it gives me an opportunity to meet so many of my constituents face-to-face and participate in an event that brings together members of a community."

Born and raised in Delaware County, former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, including Commander of an aircraft carrier battle group of 30 U.S. and allied ships with over 15,000 sailors and 100 aircraft that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of "Deep Blue," the Navy's anti-terrorism unit that established strategic and operations policies for the "Global War on Terrorism." He served as President Clinton's Director for Defense Policy at the National Security Council in the White House, and holds a Ph.D. in Political Economy and Government from Harvard University. According to the office of the House Historian, Joe is the highest-ranking former military officer ever elected to the U.S. Congress.

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